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## It's TAX TIME

By Senior Airman Matt Miller  
374th Airlift Wing Public Affairs

Tax season is upon us. This time of year is one which brings a variety of emotions, whether it be headaches through a reduction of weight in the wallet or joy with a plethora of new acquisitions. But no matter which side of the fence one is on, Yokota's tax center is here to make it as uneventful as it can be.

The tax center, located in Bldg. 3002, will open its doors Feb. 7. This service run by the legal office, will be available for all active duty, retired, dependent and SOFA-status civilians.

"We are here to provide a means for people to get their tax questions answered as well as electronically file their returns," said Staff Sgt. Veronica McQueen, NCO in charge of the tax center. "Staff paralegals as well as unit tax advisors will be able to answer tax questions all year round and submit returns until June 15 for military filers."

Unit tax advisors will work at the tax center throughout the tax season. All of the unit tax advisors complete a four-day course taught by the Internal Revenue Service. If they don't know the answer to a question they will know how to find it, said McQueen.

As with any new year there are a series of new changes to the tax laws, this year is no different.

"There are some changes to last year's regulations and some specifics about being overseas that can be tricky for individuals, but that is exactly what we're here for," said McQueen.

This year's changes include:

- Increased child tax credit from \$400 to \$500
- Increased deduction for interest on student loans from \$1,000 to \$1,500
- Increased exclusion for foreign-earned income from \$72,000 to \$74,000.

Bringing last year's tax return will also speed up the filing process.

"It's rare that people undergo major changes in the way they file. So if they bring in last year's tax forms, we are able to process their taxes a little quicker," she said.

Taxpayers need to make sure that the name on their social security card is the name they file their taxes under. Otherwise, the IRS will reject the tax return and they will have to file by mail.

The tax center will be open 9 a.m. to 2 p.m. Monday, Wednesday and Friday.

# ALL SHOOK UP

*Yokota rocked by earthquake survival exercise*

By Staff Sgt. Jeff Loftin  
Fuji Flyer Editor

The hospital's triage unit worked frantically last Thursday as injured victims poured in from all over base during Yokota's annual earthquake exercise.

In the scenario the base was rocked by a major earthquake, which measured 8.0 on the Richter Scale and devastated western Tokyo. On base, building after building collapsed. Some caught fire. Communications were down and the injured were quickly adding up. Just when it seemed people were getting a handle on the situation, the base was again shaken with an aftershock rating 6.9 on the Richter Scale. Still, base members were able to work together and ride it out.

"It went better than any natural disaster exercise we've ever had," said Chief Michael Finnie, of the base Inspector General's office. "In a word, it was outstanding."

There were two objectives of the exercise: command and control, and evaluating the medical group's ability to handle mass casualties.

"We were able to give the medical group just over 200 simulated patients who were brought in by privately owned vehicles, government vehicles, flatbed trucks or carried in," said Finnie. "Some showed up on roller chairs."

Many of the simulated patients were

see **QUAKE** page 2



photo by 1st Lt. John Sheets

**Keiichi Nishimura, of the base fire department, carries Caitlin Satterlee, a 5th grade student at East Elementary School, to 'safety' during the earthquake exercise Jan. 15.**

## Yokota best 'family' in PACAF

By Staff Sgt. Jeff Loftin  
Fuji Flyer Editor

This is the time of year when everybody seems to be winning awards. Although many thank the rest of the wing for their support, few can say that their award is directly due to the efforts of the "Yokota family."

One of those few is the base Family Support Center, which was recently named best in PACAF.

"This is really a community award because all of the good programs that were listed were not conducted only by Family Support," said Lori Woodcock, FSC director. "They were done in collaboration with all the base helping agencies, certainly with leadership support, working with units and commanders and points of contact for different programs. So, I don't see this as a Family Support

*"I see this as a Yokota community award. I'd really like for the whole community to feel that they participated in this."*

-- **Lori Woodcock**  
FSC director

Center award. I see this as a Yokota community award. I'd really like for the whole community to feel that they participated in this."

One of the ways the community came together to help earn the award was the establishment of the Parent Child Play Group Center. Base members requested another program for children under age

5 in the 1998 Needs Assessment Survey. Forty volunteers and five base agencies worked together to transform a storage area not used since 1985 into a quality facility.

"Not only are the kids having fun, but the play group is a great way for parents to meet each other," said Woodcock. "We've had Easter egg hunts and those types of things, and also babysitting co-ops have been formed. Play group members participate in all the community parades. It's growing so much that it's really kind of busting at the seams. We're hoping to get an even bigger facility because it can only grow more."

Another area where the community came together was in revamping the newcomers program.

"Newcomers were being inprocessed

see **FAMILY** page 4

# WMD teams formed in states

## ready to help first-line responders in major incident

By Jim Garamone  
American Forces Press Service

WASHINGTON (AFP) -- The Defense Department announced plans Jan. 13 to form 17 more Weapons of Mass Destruction Civil Support Teams, bringing the total nationwide to 27.

The teams, originally called Rapid Assessment and Detection teams, would deploy and assist civil first responders in the event of a weapons of mass destruction incident, said Charles Cragin, principal deputy assistant secretary of defense for reserve affairs.

The federal government will train, equip and develop doctrine for the teams, Cragin said. The teams will always work in support of civilian agencies and unless federalized, will remain under the control of the governors of the host state.

The new teams will be based in Alaska, Arizona, Arkansas, California, Florida, Hawaii, Idaho, Iowa, Kentucky, Louisiana, Maine, Minnesota, New Mexico, Ohio, Oklahoma, South Carolina and Virginia. They will come on line in 2001, between March and July.

The first 10 designated teams are completing training and are scheduled to come on line in April 2000 in Colorado, Georgia, Illinois, California, Massachusetts, Missouri, New York, Pennsylvania, Texas and Washington.

The teams "work collaboratively with local and state first providers," Cragin said. "The teams consist of 22 full-time members of

the Army or Air National Guard. The personnel selected for these additional teams will undergo 15 months of rigorous individual and unit training and then will be evaluated for operational certification."

This is the second phase of an initiative started in fiscal 1998. "(Defense Secretary William Cohen) was apprised by first responders in many communities that one bit of expertise they needed was the technical expertise to identify and assess particular chemical or biological agents that may be the instrument of a terrorist attack," Cragin said. These teams give local officials that capability.

The units have two major pieces of equipment: a mobile analytical lab and a mobile communications facility. The first allows the teams to identify chemical and biological agents in the field. The second allows the team to coordinate communications among the first responders and all other areas.

"If they need information from a medical laboratory, they can connect from the van," Cragin said. The team's communications capability also allows all local, state and federal authorities to speak to each other.

While the 27 teams will be based in 26 states -- California will have two teams -- local agreements will allow the teams to work across state lines. So, for example, the New York team could answer a call in Connecticut and the Illinois team could work in Wisconsin.

### QUAKE from page 1

children from the East Elementary School injured in the "collapse" of a building during the quake. Patients flooded in with injuries ranging from broken bones and burns to patients pierced by glass or other debris. The IG named Maj. Michelle Kennedy, who headed the triage unit, as the wing's top performer for the exercise.

The medical group wasn't the only organization being put to the test. Base leadership was given multiple disasters at the same time during a communications black out.

"The exercise had no internal events meaning everything that happened found its way up to the Crisis Action Team for decision," said Finnie. "Prioritization was how they handled each disaster. We intentionally fed them massive fuel leaks, a control tower collapse, a base operations collapse, and multiple building collapses at one time that they had to deal with in a 'comm out' environment. The information flow even in a comm out situation was superb. Command and control worked as it was supposed to.

"This was the first time we attempted to do an exercise like this where we had so much that was happening at one time that was external," he said. "I think it was a

### MLK march ...



photo by Airman JoAnn Makinano

Base members brave the snow to celebrate the legacy of Martin Luther King Jr. About 80 people participated in a memorial march from the base terminal to the officers' club. The march was followed by a program honoring Dr. King.

great exercise. I'm confident that the wing is prepared to handle a natural disaster like this. We were really pleased."

According to IG officials, base members demonstrated a strong sense of urgency and unprecedented team involvement. The IG was impressed by the team-

work between tenant units, local nationals and other base members.

The chief attributed the exercise's success to leadership at every level and the push from Exercise Evaluation Team members who worked over the holidays coordinating and orchestrating the scenario.

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# Looking back:

## First CMSAF compares past, present enlisted force

By Paul W. Airey

Retired Chief Master Sgt. of the Air Force

TYNDALL AIR FORCE BASE, Fla. (AFPN) -- There is a tendency for many of us to look back and see what has happened or transpired during the course of a year. Rather than looking back on the past year, I want to look back 57 years to 1942, when I first enlisted in the United States Army Air Force.

My active-duty service encompassed three wars, the Berlin airlift, the Cuban missile crisis and many years of the Cold War with the Soviet block.

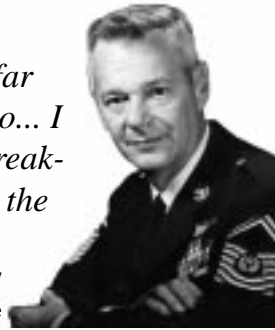
I'm mentioning this for more reasons than to reminisce about the past; I'd like to compare the Air Force of yesterday to the Air Force of today. I'll skip over the fantastic advances we've made in space, weapons systems and hardware and stick to the people — still the Air Force's most valuable asset.

In the late 1940s, two significant events took place. In 1947, President Harry S. Truman signed the National Security Act, allowing the Air Force to become a separate branch of the service. Shortly thereafter, in 1948, segregation in the armed forces ended. These two events

*"I firmly believe the Air Force of today is far better than it was 50, 20 or even 10 years ago... I look forward to seeing many more enlisted breakthroughs as we head into the future, such as the first enlisted person in space."*

-- Paul Airey

Retired Chief Master Sgt. of the Air Force



opened doors and created opportunities that many people never dreamt possible — they gave us a better-rounded noncommissioned officer corps.

I am amazed at the educational level of today's enlisted airmen. It's easy to equate the enlisted force of today to the officer corps I knew in World War II. We now have NCOs and airmen performing duties historically done by officers. In addition, the majority of officers in the 1940s did not have degrees; many of today's airmen do — a testament to the dedication and opportunities afforded to today's force.

The outstanding training we give as a result of professional military education has also done a lot to make the enlisted force what it is today. Young airmen with an average of five years in service are given management and leadership training

that often far exceeds that provided in the civilian sector. Along with this, we have a remarkable enlisted promotion system. A system that's been in effect for more than 30 years with only minor changes.

Of course, there is no segment of our military society that has made more progress than women in the armed forces. I remember the days of the Women's Army Auxiliary and the Women's Army Corps. Women in the Air Force today are full-fledged members of our great service; standing right alongside their male counterparts.

We've also made great leaps in quality-of-life issues. Never in my wildest dreams did I foresee a day when all airmen who live on base would have their own dorm rooms. Other quality-of-life additions such as the creation of family support centers,

child development centers, better family quarters and unique travel opportunities have contributed to what recruiters call "a great way of life."

I realize there are many frustrations that today's airmen deal with; problems such as constant rotations, single parenting and family separations. However, these frustrations are a fact of life and have always been present.

I firmly believe the Air Force of today is far better than it was 50, 20 or even 10 years ago. I also have no doubt that the Air Force of the future will still offer a rewarding career for those who are willing to accept the challenges. I look forward to seeing many more enlisted breakthroughs as we head into the future, such as the first enlisted person in space.

Our country and our Air Force will always need dedicated, patriotic airmen who are willing to place their duties ahead of their personal likes and desires. We have always had people like that and I know we always will.

(Editors note: Paul W. Airey was the first chief master sergeant of the Air Force. He served in that position from April 1967 to July 1969. He retired from active duty Aug. 1, 1970.)

## FAMILY from page 2

through a three-day program," said the director. "They were new and jetlagged. They were listening to briefing after briefing. They had issues to deal with. They were trying to get in to the duty station. They were trying to get their family settled. It was difficult.

"The whole community, everybody involved, went to work to change that," she said. "Larry Graves, our relocation manager, coordinated that whole effort. He reviewed every briefing and asked was this really necessary? Are we focusing on what is really important? Are there briefings that are needed that are not in there? Are they getting not just the required military stuff, but also the cultural adaptation, the settling-in information to make sure they get off on the right foot?"

"So, we cut the program from three days to one and a half days," said Woodcock. "We got folks in and got them the requirements and also provided what we call an information fair that provides them an opportunity to touch base with all of the agencies they might be interested in."

The new program, called Right Start, has been hailed as one of the most efficient in 5th Air Force.

To further assist newcomers, the FSC staff revamped sponsor training, tailoring it to the unique cultural demands of living in Japan. They developed a wing commander outstanding sponsor program to recognize sponsors who go the extra mile to help newcomers settle into Yokota.

According to Woodcock, the number of sponsors rated as outstanding by newcomers went up by 50 percent since the program started.

"The whole community has done things over this past year that have made the community better and have really have enhanced the quality of life programs," she said. "I think it's nice for the staff to get the recognition from their peers, but at the same time we have an opportunity to get that warm fuzzy every time we help somebody. I really feel that one of the things that makes all of Yokota, to include Family Support, work well is the attitude of the folks who work here."

### Action Line

225-TEAM or [action.lines@yokota.af.mil](mailto:action.lines@yokota.af.mil)

The Action Line is your direct line to me, Col. Mark Zamzow, 374th Airlift Wing commander.

Use the Action Line if you have questions or comments about Yokota, which couldn't be resolved by your chain of command.

When you call, leave your name and phone number so you can be reached for more information if needed. Your identity won't be released to the public. Subjects affecting the base population will be published here.



Col. Mark Zamzow  
374th Airlift Wing  
commander

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#### DEADLINE

The Fuji Flyer deadline is 4:15 p.m. nine days (Wednesday) before the publication date (Friday). On weekends and holidays the deadline is the Tuesday before.

Col. Mark R. Zamzow  
Commander

Maj. Stephen Clutter  
Chief of Public Affairs

1st Lt. John Sheets  
Deputy Chief of Public Affairs

Editorial Staff  
Senior Master Sgt. Gordon Van Vleet  
Superintendent

Staff Sgt. Jeff Loftin  
Editor

Senior Airman Matt Miller  
U.S. media relations

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#### Next week ...



Air Force undersecretary visit

# Advertisement



**Wanted:** Baby crib, dresser/changing table, and stroller. 227-2163.(1)

**Automobile:** 1993 Nissan Sunny, silver, runs great, well maintained, JCI until October 2002, \$1,800 OBO. 090-2489-6181. (1)

**Lost:** Black and white cat, male, he had no collar, declawed, missing since Dec. 13. 227-4732. (1)

**For sale:** Taupe carpet for 3-bedroom garden apartment, in excellent condition, bathroom carpet in hunter green, \$200 OBO. 227-2078. (1)

**Wanted:** Wooden fence in good condition for a east garden end unit. 227-4835 after 7 p.m. (1)

**Automobile:** 1989 Toyota MR2, great condition and fast, JCI until Oct. 2001. 227-9197. (1)

**For sale:** Trek 8,000 mountain bike, aluminum, 21-sp. Shimano Deore XT/LX components, new Campagnolo rims, rear tire and brakes, includes specailized shoes (10.5) and helmet, \$400 OBO. 227-3289. (1)

**For sale:** Five Oscars, approximately 8 inches, \$15 each or \$50 for all five. 227-9571. (1)

**Free:** Bicycle for a boy age 8-10. 551-7108. (1)

**For sale:** GT mountain bike, 2 months old, extras, \$300 OBO. 227-4856. (1)

**Automobile:** 1989 Toyota Levin, sporty, power everything, excellent condition, low mileage, automatic, AM/FM cassette, new battery, good tires, JCI until November 2001, \$1,600. 227-2604. (1)

**Reward offered:** For recovery of boys brown Venom Diamondback bike stolen from quarters 4829-B, bike has four oversize black pegs. 227-2383. (1)

**For sale:** New JVC 200-disc changer, still in box, sells for \$200 at BX, \$150 OBO. 227-4047. (1)

**Automobile:** 1988 Toyota Vista, JCI until February 2001, \$1,300. 227-8743. (1)

**For sale:** 18,000 BTU and 6,000 BTU air conditioners, \$75 for both; awning for 3-bedroom east side house, \$200; home gym, \$50. 227-8743. (1)

**Automobile:** 1985 Toyota Corolla, JCI until November, runs great \$350. 227-2126. (1)

**For sale:** Two air conditioners, one 220 and one Japanese upright, both for \$125 OBO; Sony 5-disc carosel CD player, \$50, must sell for PCS. 227-2126. (1)

**Wanted:** 55 to 125 gallon fresh-water fish tank with or without stand. 042-531-7494. (1)

**For sale:** Curtains custom-made for large tower windows, not match set, dining room blue green, master bedroom pink, \$100 for both or sold seperately for less. 225-9165. (1)

**Wanted:** A pair of used skis as a donation to

To submit an ad, e-mail: fuji.flyer@yokota.af.mil or drop off at the 374th Airlift Wing Public Affairs Office (Bldg. 315). Advertisements must be for one-time sales only, 25 words or less and include a name and phone number. No more than two ads per family, per week. Ads are run for two or three weeks (space permitting)

Boy Scout Troop 17. 227-8935. (1)

**Automobile:** 1990 Toyota Town Ace SE, all power options, sunroof, 5-speed, dual climate control, new brakes, tires and battery, \$2,850 OBO. 227-3861. (1)

**Automobiles:** Toyota Starlet, gray, 3-door, automatic, air, AM/FM cassette, JCI until March 2001, \$1,700; 1988 Toyota Sprinter, blue, 4-door, automatic, air, AM/FM cassette, JCI until June 2001, \$1,800. 227-7518. (1)

**For sale:** Three adult bikes; two air conditioners. 227-7518. (1)

**Phone line:** Japanese phone line, plus ID and answering machine capable phone; just \$450. Available when you are. Call 042-578-0649. (2)

**For sale:** Luxman amplifier, \$125; Yamaha 5-disc CD changer, \$125; Bose 5-speaker system, \$150; Sony center channel system, \$50; Onyoko surround sound processor, \$75; RCA Hi-Fi VCR, \$50; or all for \$550, all with manuals and remotes. 227-3940. (2)

**Automobile:** 1990 Isuzu Bighorn SUV, 2-door, 4-wheel drive, turbo/diesel, 5-speed, air, CD changer, excellent condition, JCI until August 2001, \$4,200. 090-4605-0595. (2)

**For sale:** New digital camera, \$200 OBO. 227-4390 or 090-7180-4643. (2)

**Automobile:** 1990 Nissan Laurel, 4-door, power everything, runs excellent, great family car, JCI until June 2001, \$1,800, must sell ASAP. 227-4017. (2)

**Automobiles:** 1986 Toyota Camery, 16 vlv EFI, 4-door, power steering, brakes and windows, runs great, body in good condition, JCI until September, \$1,000 OBO; 1984 Toyota Town Ace 8-passenger van, 5-speed, power steering and brakes, body in fair condition, JCI until June 2001, \$800 OBO. 225-9165. (2)

**For sale:** Nintendo 64 game console, rumble pack, memory card and 10 games, \$225 OBO. 227-7913. (3)

**Automobile:** 1989 Nissan Pulsar, 2-door hatchback, automatic, power windows, door locks and mirrors, T-top, AM/FM cassette, CD player, JCI till January 2001, \$1,800. 227-6336. (3)

**For sale:** Pug puppy, 8 months old, includes dog house and travel cage, \$300 OBO. 227-8302. (3)

**For sale:** Navy blue carpets, less than 6 months old, 12x15 \$65, 9x12 \$40 or both for \$90. 227-9966. (3)

**For sale:** Two Kenwood 12" woofers and 600-watt amplifier for car, perfect for the 12s, \$200 for everything. 227-3643. (3)

**Automobile:** 1989 Honda Integra, black, five-speed, cold A/C, new tires, sports exhaust system, excellent condition, must sell for PCS, \$2,250 OBO. 227-9373. (3)

**For sale:** Panasonic mini-system, Dolby Pro Logic, surround speakers, five CD changer, 3,300 watts PMPO, \$200. 227-3952. (3)

**For sale:** Sharp 8mm ViewCam, 3" color LCD, 16X zoom, used less than five hours, cost \$599, will sell for \$350; Oral Max electric toothbrush and flosser, never used, \$75; DeLonghi toaster, great condition, cost \$149, will sell for \$45; Salton coffee, espresso and cappuccino maker, black, new in box, cost \$229, will sell for \$129. 227-3260. (3)

**For sale:** Sofa, love seat with foot rest, rocker, two end tables and coffee table, good condition, \$850 OBO. 227-8302. (3)

**For sale:** Four Bridgestone 185/55 R14 on Toyota rims with covers, like new, \$80; Japanese phone line, \$350; Japanese 19" TV and hi-fi VCR, \$60 for both; solid wood entertainment center, \$60 OB0. 227-2401. (3)

**For sale:** 14-karat gold tennis bracelet with 7-karat cubic zirconia diamond, \$250. 227-2666. (3)

**For sale:** Four 17" Wishbone rims with brand new low-profile tires, \$600 OBO; brand new 600-

watt Kenwood amp, model KAC-S726, \$150. 227-4159. (3)

**For sale:** 166mhz computer with Windows 95, 15" color monitor, bubble jet printer and computer stand, \$500 OBO; ladies beach bike, \$45 OBO. 227-9928. (3)

**Free:** 7-month-old male cat, white, one blue and one gold eye, all shots current, free neuter coupon. 227-4110. (3)

**Wanted:** Piano teacher with reasonable rates. 042-530-2842. (3)

**Automobile:** 1988 Toyota Celica, 5-speed, all-wheel drive all the time, JCI until July 2001, runs great, \$1,800 OBO. 227-8686. (3)

**For sale:** Two General Electric air conditioners, 6,000 BTU, 110 volts, \$75 each or \$130 for the pair, Duracraft 5-gallon cool air humidifier, \$30. 225-9165. (3)

**For sale:** New Gateway computer, still in box, Pentium III, 450mhz, 64mb 100mhz SDRAM expandable to 384mb, 17" color monitor, Windows 98, Microsoft Works Suite 99, CD-ROM drive, 8mb graphics accelerator, speakers, \$1,600. 227-2307. (3)

**Automobile:** 1987 Nissan Villa, runs great, JCI until July 2001, must sell to PCS, \$500. 227-8619. (3)

**Automobile:** 1991 Nissan Pulsar, \$2,700 OBO. 227-2690. (3)

**For sale:** Cannondale Super V bike, \$1,300; tandem bike, \$300; toddler bed with mattress, Looney Toons sheets, \$45; Regina steam cleaner, \$50; men's extra large ski suit, \$75. 227-4325. (3)

**For sale:** Epson color printer, recliner, double recliner sofa, dresser, bookcase, canvas patio chairs, older Sunbeam gas grill with new burner and tank. 227-2473. (3)

**For sale:** Three air conditioners, 12,000 BTU (brand new, bought in 1999), 10,000 BTU (bought in 1998) and 8,000 BTU, all three for \$300 due to unexpected PCS. 227-3540. (3)

**For sale:** Beautiful full-grown plants, \$5 for small and \$10 for big. 227-9497. (3)

**For sale:** Natural brown wood table, 5'x3', seats six, \$175; Hoover upright vacuum cleaner, \$40. 227-3053. (3)

**For sale:** Spring Air queen-size pillow-top mattress with box springs, great condition, \$100 OBO. 227-4292. (3)

**Automobile:** Honda Accord, two new tires, new battery, maintenance and service records, very clean. 227-9497. (3)

Advertisement

Correction

Due to erroneous information provided to the *Fuji Flyer*, the Jan. 14 edition of the paper incorrectly identified the winner of the BMX contest. The correct winner was Nathan Wright. Pip Evolu came in second.

Valentine's accepted

The *Fuji Flyer* is accepting Valentine's Day messages from the local community for its Feb. 12 edition. Messages must be tastefully done and submitted with the originator's name and phone number. Limit the number of words to 14. Send submissions to: fuji.flyer@yokota.af.mil or drop them off at the 374th Airlift Wing Public Affairs office in Bldg. 315.

Civilian of the quarter

Terry Simmons, of the 374th Medical Support Squadron, was recently selected as the U.S. civilian of the quarter. Yumiko Yuyama, of the 374th Military Support Squadron, was named Japanese civilian of the quarter.

Promotions

Medical promotion board results were released and the following base officers recently earned promotions to lieutenant colonel: Michael Mayerchak, Paul Hayashi, Kathleen Elmer and Spencer Frink. The following were selected for major: Thomas Connolly, Monica Johnson and Kenneth Osorio.

No school

All Yokota schools have changed the end-of-semester teacher workday previously scheduled for Jan. 28 to Jan. 31. There will be no school Jan. 31.

Coordinators needed

The Military Equal Opportunity Office is seeking program coordinators and committee members for Women's History Month and Asian/Pacific Islanders Heritage Month. Special observances are designed to

# Above & Beyond

**Who:** Tech. Sgt. Tina Williams

**Reason:** As NCO in charge of video productions, shot video for such events as the MIA repatriation ceremony, the Martin Luther King Jr. Memorial March and the Veteran's Day ceremony. She is an active member of the Special Olympics committee and the African American Heritage committee. Williams is the president of the Yokota Players and recently played the lead role. She tutors children with reading problems and is currently helping the Daisys get their communications badges.



enhance cross-cultural awareness and promote harmony among military members, their families and the civilian workforce. To volunteer, call 225-9095 or e-mail 374aw.meo@yokota.af.mil.

Commander selects

The following base officers were recently selected for group commander positions: Col. Thomas Massello to the 375th Medical Group at Scott Air Force Base; Col. David Adams to the 7th Medical Group at Dyess AFB; Col. Patricia Crews to the 58th Logistics Group at Kirtland AFB; Col. Marvin Cook to 35th Logistics Group at Misawa Air Base; and Col. Alfred Coffman Jr. to the 34th Training Group at the U.S. Air Force Academy.

Coast Guard ball

The Coast Guard here is celebrating its 85th anniversary with a ball at the offic-

ers' club from 5:30 to 11 p.m. Jan. 28. The event costs \$35 and all are invited to help celebrate. For more information or tickets, call 225-8405.

Classes for the new year

**Money Doesn't Grow on Trees** -- 9 to 11 a.m. Jan. 22 in the Family Support Center. The class is aimed at children in grades 1-6 and their parents. It discusses ways to earn and save money.

**Adult study skills/test taking seminar** -- 6 to 8:30 p.m. Jan. 24 in the FSC. The seminar offers information on setting learning/test taking goals, the dynamics of learning, remembering and forgetting, preparing to study, note-taking techniques and tips for taking various types of tests.

For more information on classes held at the Family Advocacy conference room, call 225-3648. For information on classes held at the FSC, call 225-8725.

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BETWEEN THE LINES

*“I was only going three-quarters to 75 percent.”*

-- Mike Lieberthal

Philadelphia Phillies catcher after he started running again following a pelvic injury

ON THE BENCH

Jan. 7 through Jan. 27

### Volleyball meeting

Those interested in officiating or keeping score for the upcoming intramural volleyball season should attend a meeting 2 p.m. Jan. 27 at the Yujo Community Center.

For more information, call Jeffrey Haak at 225-2050.

### Hole in one

Golfer John Stallings hit a one-in-a-million shot recently at Tama Hills, dropping in a hole in one on the 11th hole. Stallings, a weekend player according to Tama staff, couldn’t wait to tell his family -- and get back out on the course.

### HAWC classes

**Flexibility 101** -- 9 to 10 a.m. Tuesday at the Health and Wellness Center.

This class is designed to aid people at all fitness levels by explaining the necessity of performing flexibility exercises daily as well demonstrating proper techniques that should be applied when engaged in stretching activities.

**Principles of Strength Training** -- 9 to 10 a.m. Wednesday in the HAWC.

The class is designed to introduce basic training principles and safe exercise techniques with the goal of promoting more effective and lasting training results.

**Total Wellness** -- 9 to 10:30 a.m. in the HAWC.

This is a program designed to improve overall health and well being by increasing awareness and education on health related issues.

For information on classes held at the HAWC, call 225-8322.

### Superbowl Monday

The wing will have a family day Jan. 31 so members can enjoy Superbowl Monday. Col. Mark Zamzow, 374th Airlift Wing commander, awarded the down day for the wing’s work during the Y2K rollover and the success of the earthquake exercise. Civilian day off rules apply.

### Youth bowling league

Beginning Saturday, Tomodachi Lanes is holding its youth bowling league every Saturday. The league is open to youth ages 4-11.

SPORTS



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Up & over ...

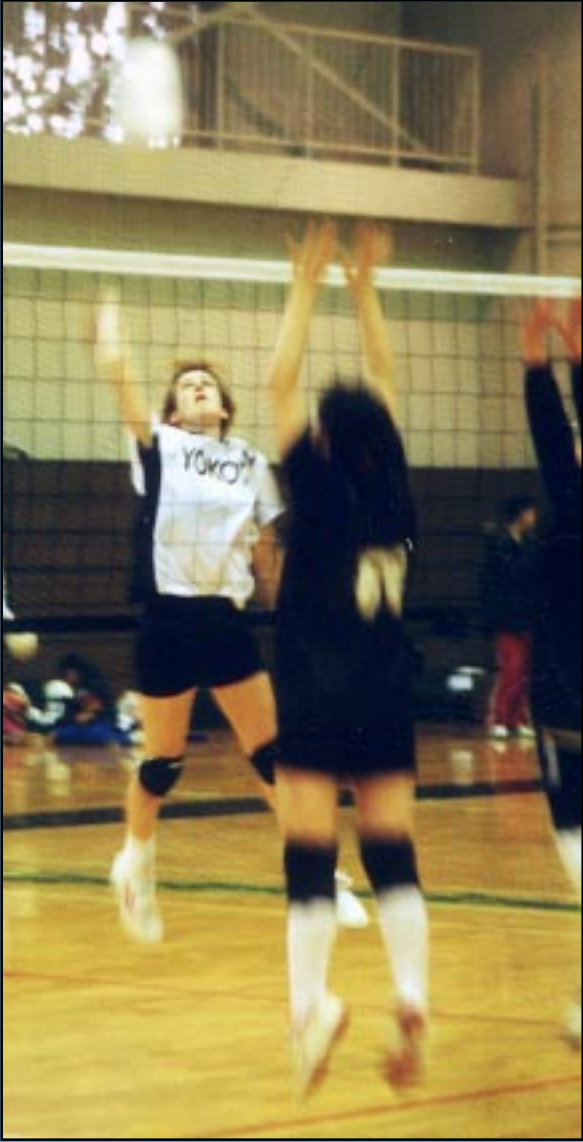


photo by Staff Sgt. Jeff Loftin

Sara Palmer, of the Yokota Bandits, puts one over the net at the volleyball competition last weekend. The bandits took second in the tourney, just behind the Japanese team Nakayoshi.

For more information, call Tina Hosford at 225-7615.

### Judo news

Yokota has a classical Judo Club practicing Tuesdays and Thursdays at the East Elementary School gymnasium. For more, call 225-3940.

BASKETBALL STANDINGS

current as of Jan. 18

Over-30		
American League		
TEAM	Won	Lost
374 CONS	5	1
374 MXS	5	1
374 SUP	4	2
630 AMSS	3	3
USFJ	3	3
374 OSS	1	5
National League		
TEAM	Won	Lost
374 CES	4	2
5 AF	4	2
374 SFS	3	3
AES/MDG	2	4
374 COMM	2	4
36 AS	1	5
Intramural		
American League		
TEAM	Won	Lost
374 CPTS	11	3
630 AMSS “A”	11	3
36 AS	11	3
SFS	9	5
374 COMM “B”	5	9
374 CES	4	10
AES/MDG “B”	3	11
30 AS	2	12
National League		
TEAM	Won	Lost
374 MXS	13	1
374 MDG “A”	10	4
374 OSS	8	6
374 SUP	7	7
374 COMM “A”	5	9
TRANS	5	9
5 AF/USFJ	4	10
630 AMSS “B”	4	10

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